

Laura Yedwab, Certified Feldenkrais Practitioner,
Invites You to a

“Move with Ease” Free Consultation



Sign up early for a
**FREE 50-minute
Consultation!**

Are you too young for your body to feel so old?

Sore back, tight shoulder, and aching knees? Frustrated that you have been to doctors, physical therapists, and massage therapists and are still in pain? Laura works with people who want to improve their ability to move easily and without pain using the Feldenkrais® Method - a proven movement educational system that reduces pain and prevent future injury from strained and inefficient ways of movement.

Clinic Details:

Saturday, Oct. 25th and Sunday, Oct. 26th

FREE Private, 50 minute sessions available from 10am-3pm each day

Location: 15650 NE 24th St., Suite C3, Bellevue, WA 98008

Limited spaces available!

Call or email now to reserve your **FREE** Move with Ease consultation:

info@kineticinquiry.com or call 425-202-5685

You aren't just a patient with Laura, but a student learning how to reduce chronic pain and age gracefully with new, healthy movement patterns.



“At the end of the first session, I could feel a significant difference. I came to realize that my normal way of sitting oscillated between slouching and over-extending. Laura showed me a new way; a way of sitting tall with my spine supporting me properly while still being relaxed. It felt so much better. The feeling of relief and hope brought tears to my eyes.” --Jeanine

“I came to Laura with knee pain when I walked up stairs. Her gentle, thoughtful teaching helped me so much that I was soon pain-free! Laura helped me to be more centered in myself, as well as centered over my feet.” --Virginia

To learn more about Laura's clients experiences, visit www.kineticinquiry.com/testimonials